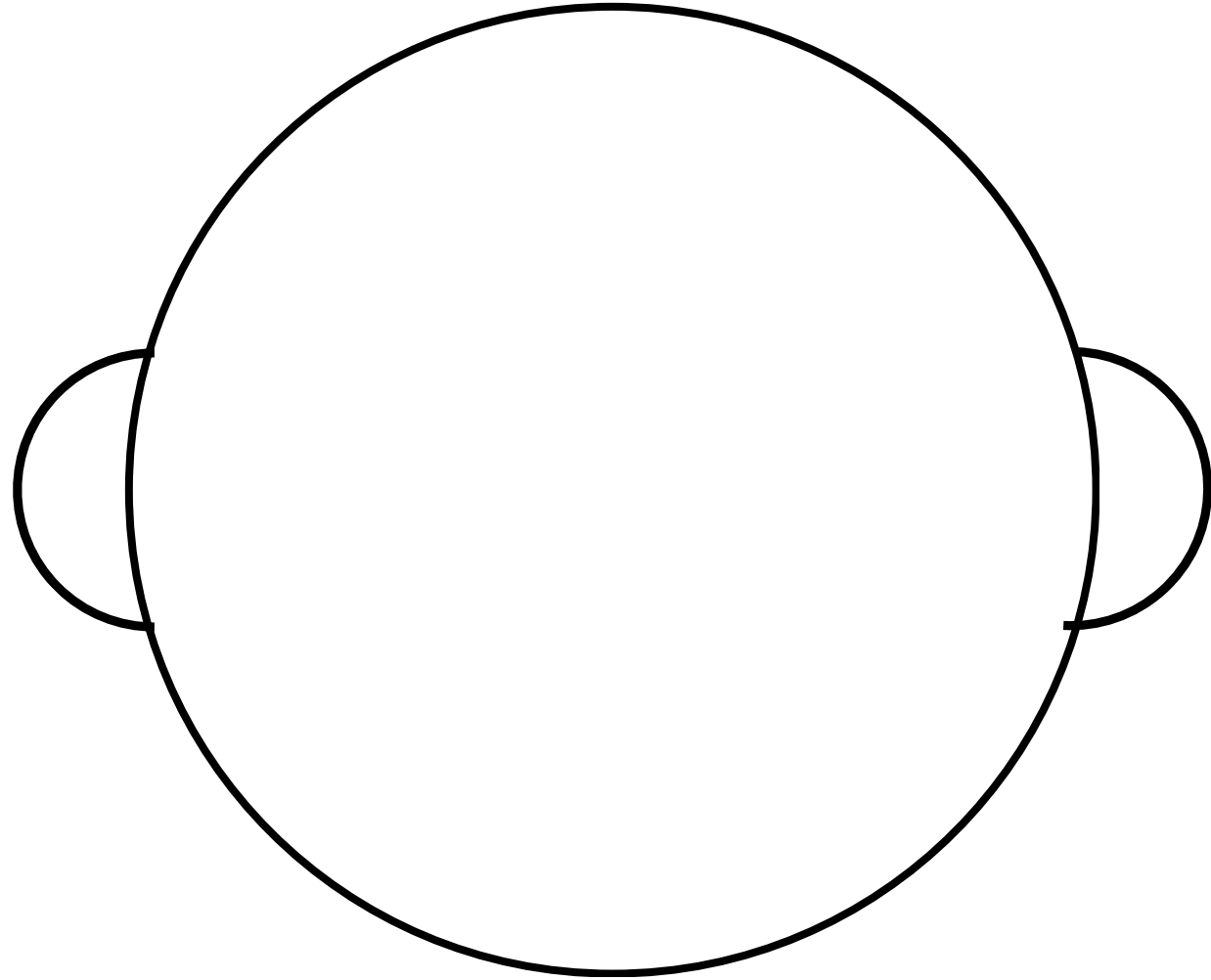


I feel... PlayDoh Activity





afraid



happy



anxious



mad



sad



calm



tired



bad



Emotional PlayDoh Activity

Thank you for downloading this FREE resource at ChildCareEd! These number puzzles can be used to teach and practice number sequencing. Teachers should print these out and cut them into strips beforehand. For more durability, laminate for repeated use.

Materials needed:

1. Emotions sheet (printed and laminated, enough for single, pair, or small-group activity)
2. Emotion cards (printed and laminated)
3. PlayDoh (different skin tones and other colors as well)

Directions:

1. Either the teacher or the child will choose an emotion card and identify it on their sheet. They will then take the PlayDoh and create a face showing the chosen emotion.

Encourage social-emotional skills with this fun PlayDoh activity!

